

READING

Task 1 (12 points)

Read the descriptions of people's wishes and course offers. Choose the right course for each person, taking into account their interests and age. Write the letter of the chosen course (A-N) next to the person (1-12) who could be interested in the course. Note that there are more course offers than required. Use each course only once. An example (0) has been given.

COURSES

People looking for a course		
0.	Marion (age 20) wants to boost her self-confidence and gain knowledge about creating a better visual image of herself.	I
1.	Taylor (age 25) is looking for a new hobby that will boost his creativity and develop his hand-eye coordination.	
2.	Jamie (age 22) has agreed to be the photographer at his sister's wedding. His family believes he takes lovely photos, but he is worried that he has never received training in that field.	
3.	Adrian's (age 6) parents would like him to become more independent in the kitchen.	
4.	Alex (age 23) has just started dating and would like to brush up on some cooking techniques to impress his girlfriend.	
5.	Ann (age 21) is a student at university looking for ways to be physically active and creative at the same time.	
6.	Lindsay (age 45) has been a saxophone player for almost 25 years and would like to continue her career in this field.	
7.	Charlie (age 18) is thinking about continuing his education and would like to understand if he can afford it.	
8.	Sydney (age 36) has just received a promotion at work and will now need to communicate with international partners. Since he does not like learning in a classroom environment, he wants to use his vacation to learn a new language.	
9.	Robin (age 23) needs to rethink her wardrobe choices so that they are more suitable for her needs but still allow her to be fashionable.	
10.	Max's (age 9) parents believe that developing their child's digital skills is extremely useful for his future career prospects.	
11.	Leslie (age 52) is looking for a job in marketing and would like to improve his digital skills.	
12.	Morgan (age 27) has recently joined a gym to improve his physical appearance and now wants to start making healthier choices in the kitchen too.	

Course offers

<p>A Explore colour mixing, blending, and working on a canvas. We will start by working from a photo with hands-on step-by-step instructions. Basic drawing skills are recommended. A supply list of brushes, paint, etc. will be emailed from your instructor.</p>	<p>B Give your 'engineer' the knowledge to stay ahead in today's technological society. We are offering a unique experience for people to code, test and create their own apps in real time using an easy-to-understand format. The best part about this program is that they will be able to save their created apps right to their (or your own) devices for play anywhere and anytime!</p>
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<p>C Do you need to collect information from a group of people either personally or professionally? Or just need an easy way to add data to a spreadsheet? Learn to use the free Forms tool. We will put together a simple form in minutes and learn how the data can feed directly to a spreadsheet. We will then discuss various tips for this process to make it even better for you and your users.</p>	<p>D Start learning this ancient, exciting, and graceful form of art by acquiring new techniques. Learn new movements and combinations while beginning a focused approach to creating exciting, glamorous choreography that will help you stand out in a crowd. Suggested attire: stretch yoga pants, T-shirt, etc., and a scarf to tie around your hips.</p>
<p>E Sometimes everyone needs a little kick for inspiration! You will be motivated for excellence and enjoy newfound or rediscovered passion for this art form. The disciplines taught will include close-up/macro, portraiture, landscape and food. There will be at least one workshop in the field, along with classroom exercises and image critiques. Some knowledge of your equipment is required.</p>	<p>F Eating real food (as opposed to processed food) can help the body's ability to maintain internal balance. Learn which foods keep your body strong, which techniques preserve nutrients, and those herbs and spices that help in increasing your metabolism. We will discuss the impact of a plant-based diet on your body.</p>
<p>G Hands-on classes for children needing help on how to feed themselves. The course will introduce them to bread-making and basic knife skills. The fun starts at around noon and normally finishes at around 4pm, by which time everyone will have made something delicious to take away and share. There's usually a chance to feed hens, collect their eggs, and to feed the goats.</p>	<p>H First time students will review basic expressions, sounds and helpful tips to get around as we travel through Spain or Latin America. Do not shy away just because you feel you are at a basic level; there is always something new and different. Returning students continue to work on their goals while reviewing what they already know, or do not know.</p>
<p>J <i>Suzanne Newman, owner of Find Fashion Happiness in Deerfield, a fashion, image and organizational consultancy firm, will discuss how to choose the right products, where best to buy them, and which items are worth the extra money. We will also discuss eyebrows, and colours that look fresh and natural when you are no longer a teenager. Then we will spend time to bring out your best look.</i></p>	<p>J In just two sessions you will learn how to be the very best version of your professional and personal self! Suzanne Newman is an expert at helping people define their image and build their personal style.</p>
<p>K This class will focus on constructing a proper spending plan for you or your family. We will discuss how to pay debt, manage debt after college, understand college loans and loan repayment plans. This class is interactive, and questions and answers will be welcome at the end of class time.</p>	<p>L We are waiting for advanced wind and percussion players who are interested in performance of the highest caliber. Members must be available to rehearse Tuesday evenings and to perform on scheduled concert dates. Percussion instruments are provided for use, but wind players must supply their own instruments.</p>
<p>M Lacking a big backyard does not mean that you can never have your own vegetable garden. Master Gardener and garden coach Mark Lyons will show you tips and techniques for making the most of limited space to grow a bountiful harvest of sweet, crunchy vegetables and pretty flowers.</p>	<p>N Roll up your sleeves and put on your apron. Fireman Tony and Coach Miceli are teaming up again to teach this hands-on class. One of the most important steps is the skillful prepping of your ingredients – usually chopping or slicing. That is why a good understanding and use of knife skills is a valuable asset: which knife to use and how to skillfully use your knife.</p>

Task 2 (10 points)

Read the lifestyle article and decide whether each statement (1-10) is true (T), false (F) or not mentioned (NM), according to the text. Tick (✓) the appropriate box. An example (0) has been given.

CHANGE

Change is difficult and scary. Unfortunately, change is also critical to our continued happiness as humans. Even if we cannot bring ourselves to embrace change, we should try not to avoid it at all costs. Experts and people who have made major life changes share their views on change.

Claudia, a 20-year-old student from London, had received a scholarship to study chemistry in one of the top universities in the country and was on a tour there with her mother when she broke down. "My mum looked at me and said: 'You seem so unhappy.'" Claudia confessed she had been having doubts about the chosen course. "I had been having panic attacks, and at that moment I decided it was best not to go ahead with it," she remembers. She went home that evening and applied for London College of Fashion. What Claudia had not expected was that so many people would tell her she was making a mistake. "My friends thought I was mad," she says. Despite this, Claudia stands by her decision. "I just had that feeling in my gut. It's been really hard, and there have definitely been times this year where I've thought: what have I done? But, overall, it's better for me."

If you are unhappy with your life and are thinking about making a major change, hammer out exactly what you hope to achieve by ripping things up and starting afresh. "Ask yourself: am I running away from something or walking towards something?" says Dr Carole Pemberton, a career coach and personal-resilience expert. "Be clear about why you're doing this and why it matters to you. That has to be your anchor. When things are challenging and you're experiencing doubt, you need an anchor to hold on to, to remind you why you're doing this."

"Just before the decision was the hardest time," says 26-year-old Catherine Offord. She quit her PhD to work as an English teacher in Micronesia in 2019. "Afterwards, it felt like a weight had been lifted off my shoulders. I didn't regret it once." One thing that had been holding Offord back was a feeling of failure for not completing her PhD, even though she was not enjoying the course. Over time, she realised that her happiness was more important than seeing something through for the sake of it. It helped to break down the decision into manageable steps. "It felt really overwhelming to make a decision that would potentially affect the rest of my life. It paralysed me. But when I decided that I was only going to make a decision affecting the next year that was really helpful."

The first time 30-year-old Victor Bryant got into a cockpit, he froze. Formerly a journalist from the UK, he is training in New Zealand to be a pilot. "I was absolutely petrified. I thought: Oh my god, what have I done? However, don't bottle everything up. When you're overwhelmed, it's tempting to hide yourself away and have a good cry. My advice would be to get out there and socialise with people." One way to get over the weirdness is to focus on your new life. "Throw yourself into whatever you're doing that's new," says Bryant. "If you have moved somewhere completely new, try to befriend as many people as possible. You need to have supporters. People who will give you emotional support, but can also give you a shake and a loving boost if you're having wobbles."

"Self-doubt is a necessary component of any major life change," says Gurpreet Singh, a therapist at a counselling charity. "Use your strength to overcome those feelings. A lot of good can come out of making mistakes," says Singh. At the same time according to Pemberton, "A good way to conquer doubt is to work on your emotional resilience, but a big thing that undermines emotional resilience is overthinking. If something goes wrong, or you have a vision of how you want your life to be and it hasn't worked out, try not to go over the things that have unsettled you. Catch your inner voice when it is saying: this is a disaster, I've ruined my life. A more useful thought to have is: this feeling will pass."

Claudia knew that not choosing the top university was the right thing to do, because she did not want to find herself a decade down the line doing what she hated. "Life is too short, and it's important to be happy," she explains.

"It's been really good for me," says Bryant about his life change. "It has given me the power to do something totally different with my life." Mostly, he has learned that, if you are unhappy with your life, you have to take a leap of faith. "You can't just sit there and think life will improve by itself. You're the only one who can make positive changes in your life. You have to go out and do it."

Statements		T	F	NM
0.	<i>The first paragraph suggests that people need to learn how to accept change in their lives.</i>	√		
1.	Claudia's mom supported her decision not to attend one of the top universities.			
2.	Dr Carole Pemberton rejects the need for self-analysis.			
3.	Dr Carole Pemberton states that people should focus on the goal for the change to happen.			
4.	Catherine Offord was studying for a PhD in English.			
5.	Catherine Offord chose to implement the change gradually.			
6.	Victor Bryant emphasises the importance of communication when undergoing a change in life.			
7.	Gurpreet Singh states that self-doubt should be ignored.			
8.	Dr Carole Pemberton believes that looking back on your actions is important for overcoming the feeling of uncertainty.			
9.	Claudia justifies her choice by seeking future job satisfaction.			
10.	The article's overall message is for people to be brave and embrace change in life.			

Task 3 (8 points)

Read the extract from a travel book and do the task. Choose from the sentences and phrases (A-J) the one which fits each gap (1-8). Write the appropriate letter (A-J) in the gap. An example (0) has been given. There is one extra sentence which you do not need to use. Use each sentence only once.

EXPLORING ROTTERDAM

It was still a couple of hours till dawn when we dropped anchor in the Hook of Holland. Snow covered everything and the flakes blew in a slant across the cones of the lamps and confused the glowing discs that spaced out the untrodden quay. (0) ____ / ____ . I was still the only passenger in the train and this solitary entry, under cover of night and hushed by snow, completed the illusion that I was slipping into Rotterdam, and into Europe, through a secret door.

I wandered about the silent lanes in exultation. (1)____; then the eaves drew away from each other and frozen canals threaded their way through a succession of hump-backed bridges. Snow was piling up on the shoulders of a statue of Erasmus. Trees and masts were dispersed in clumps and the polygonal tiers of an enormous and elaborate gothic tower soared above the steep roofs. (2)_____.

The lanes opened on the Boomjes, a long quay lined with trees and capstans, and this in its turn gave on a wide arm of the Maas and an infinity of dim ships. Seagulls mewed and wheeled overhead and dipped into the lamplight, scattering their small footprints on the muffled cobblestones and settled in the rigging of the anchored boats in little explosions of snow. (3)_____. A shutter went up and a stout man in clogs opened a glass door, deposited a tabby on the snow and, turning back, began lighting a stove inside. The cat went in again at once; (4)_____. I made a second long entry in my journal – it was becoming a passion – and while the landlord polished his glasses and cups and arranged them in glittering ranks, dawn broke, with the snow still coming down against the lightening sky. (5)_____. The landlord asked where I was going. I said: 'Constantinople.' His brows went up and he signalled to me to wait: then he set out two small cups and filled them with dark strong coffee. He emptied his at once; I took some time to finish mine. With his wishes for godspeed in my ears and a hand smarting from his valedictory shake, I set off. (6)_____.

I hadn't gone far before the open door of the Groot Kirk – the cathedral attached to the enormous belfry – beckoned me inside. Filled with dim early morning light, the concavity of grey masonry and whitewash joined in pointed arches high overhead, and the floor diminished along the nave in a chessboard of black and white flagstones. (7)_____ that my mind's eye instantaneously furnished the void with those seventeenth-century groups which should have been sitting or strolling there: burghers with pointed corn-coloured beards, conferring gravely with their wives and their children, still as chessmen, in black broadcloth and identical honeycomb ruffs under the tremendous hatchmented pillars. Except for this church, the beautiful city was to be destroyed a few years later. (8)_____.

Adapted from 'A Time of Gifts' by Patrick Leigh Fermor

Sentences and phrases

A	I followed it and the ensuing fried eggs and coffee, ordered by signs, were the best I had ever eaten
B	I was worried about my appearance
C	If only I had lingered more
D	So compellingly did the vision evoke a score of half-forgotten Dutch pictures
E	The upper storeys were nearly joining overhead
F	As I was gazing, it slowly tolled five
G	I put on my greatcoat, slung the rucksack, grasped my stick and headed for the door
H	It was the formal start of my journey
I	<i>I hadn't known that Rotterdam was a few miles inland</i>
J	The cafés and seamen's taverns which lay back from the quay were all closed except one which showed a promising line of light

LISTENING**Task 1 (12 points)**

Listen to the interview with Matt talking about his experience in learning Japanese. Complete the gaps with the missing information (words or numbers). An example (0) has been given.

LEARNING JAPANESE

Example:

The interviewer has been following Matt on his (0) YouTube channel.

It took Matt (1) _____ years to excel in Japanese.

The interviewer says that he could personally use Matt's videos to learn the (2) _____ language.

The interviewer would like to find out Matt's (3) _____ to learn Japanese.

Japanese first caught Matt's attention when he was (4) _____ years old.

Matt hoped that learning Japanese could help him become more (5) _____.

Matt started learning Japanese while living in (6) _____.

Matt was inspired by a person who took only (7) _____ months to become fluent in Japanese.

Matt then asked his (8) _____ whether this person spoke good Japanese.

Matt had a chance to go to Japan while in (9) _____.

Matt thinks that having no (10) _____ helped him invest more time into learning Japanese.

Matt compares his stay in Japan to a long (11) _____.

Matt suggests that people should be (12) _____ about how much time they can devote to learning a language.

Task 2 (10 points)

Listen to the interview with Professor Laurie Santos talking about the course she created. Read the statements and decide whether each statement is true (T) or false (F), according to the interview. Tick (✓) the appropriate box. An example (0) has been given.

HAPPINESS

Statements		T	F
0.	<i>The course on happiness does not have a title yet.</i>		✓
1.	Laurie designed the course with a large number of students in mind.		
2.	The premises for the course had to be changed.		
3.	The host gives a reason for the existence of self-help materials.		
4.	Laurie wishes our minds were more capable of understanding happiness.		
5.	According to Laurie, we should follow our intuition to be happy.		
6.	Laurie noticed a positive tendency in the students' behaviour at Yale.		
7.	Laurie's course can be purchased online.		
8.	Laurie's course is based on scientific data.		
9.	Laurie is sceptical of the effect happiness can have on a person's future financial situation.		
10.	Laurie sums up happiness as something that cannot be defined.		

Task 3 (8 points)

Listen to the interview with Linda Kaye, a cyberpsychologist, talking about the use of emojis. Read the questions and statements and circle the correct option (A, B or C), according to the interview. An example (0) has been given.

EMOJIS

0. According to Linda, what do people like about emojis?
A They are easy to use on Facebook.
B They are suitable for every life situation.
© They make writing more expressive.
1. Linda states that the use of emojis
A helps the addressee interpret the message.
B can unintentionally offend the recipient.
C sometimes leads to confusion.
2. The interviewer would like to find out whether
A emojis correspond to certain sounds.
B emojis can be separated from language.
C emojis affect the meaning of a text.
3. What point does Linda make about emojis?
A Emojis would not make much sense on their own.
B People can create their own emojis.
C Emojis have an important verbal element.
4. Which is true about the experiment Linda describes?
A It focused on both emoticons and emojis.
B The participants wrote sentences with emoticons.
C It focused on a specific brain response.
5. What are the main findings of the research?
A Emoticons were necessary to process the text better.
B Emoticons changed the way the brain processed the text.
C Emoticons were processed as non-verbal elements.
6. By his question the interviewer implies that
A we tend to judge people by their use of emojis.
B emojis help us establish social contacts.
C people use emojis to make a good first impression.
7. Linda says that in their research they focus on
A the importance of first impressions on Facebook.
B the link between emojis and first impressions.
C the speed at which first impressions are made.
8. What can be concluded from Linda's final comment about the use of emojis?
A People should use a different set of emojis in e-mails.
B People create their own rules for the use of emojis in e-mails.
C People should consider when the use of emojis is appropriate.

Task 1**E-mail (15 points)****You should spend about 25 minutes on this task.****Write between 100 – 120 words.**

You have just completed an online time management course. Write an e-mail to your teacher, Mrs Bloom. In your e-mail:

- explain why you liked the course;
- give two reasons why other students should take it up;
- ask for another course that she would recommend to you.

Notes

Task 2**Essay (25 points)****You should spend about 45 minutes on this task.****Write between 200 – 250 words.**

There is an opinion that books can change lives. Write an essay in which you discuss whether a book can affect a person's life. Support your arguments with reasons and examples.

Notes

Task 2 Essay (25 points)

You should spend about 45 minutes on this task.

Write between 200 – 250 words.

A large rectangular box with a thin black border, containing approximately 30 horizontal lines for writing. The lines are evenly spaced and extend across the width of the box, leaving a small margin from the top and bottom edges.

**EKSĀMENS ANĢĻU VALODĀ
12. KLASEI
2021
SKOLOTĀJA MATERIĀLS
*Mutvārdu daļa, 1. diena***

**EKSĀMENS ANĢĻU VALODĀ
12. KLASEI**

Mutvārdu daļa, 1. diena
Skolotāja materiāls

Pie izglītojamajiem un personām, kuras piedalās eksāmena nodrošināšanā, no brīža, kad viņiem ir pieejams eksāmena materiāls, līdz eksāmena norises beigām nedrīkst atrasties ierīces (planšetdators, piezīmjdators, viedtālrunis, viedpulkstenis u. c. saziņas un informācijas apmaiņas līdzekļi), kuras nav paredzētas Valsts pārbaudes darbu norises darbību laikos.

2021

Task 1**Interview****Task instructions:**

You have to answer 5 questions about the topic. You have 3 – 5 minutes for the 5 questions. Say as much as you can.

SUCCESS

1. What does success mean to you?
2. What habits can lead to success in life? How?
3. What is the role of luck in a successful career?
4. How important is talent in achieving success in the arts? Why?
5. Do you think failures can contribute to eventual success? Why/Why not?

THE ENVIRONMENT

1. What daily routines can make up an eco-friendly lifestyle?
2. Can something be done to encourage people to use less plastic? Please explain.
3. How can we make our homes more environmentally friendly?
4. What can be done to reduce environmental pollution?
5. Do you agree that we won't have a society if we destroy the environment? Why/Why not?

ART

1. Do you like visiting art galleries and exhibitions? Why/Why not?
2. Do you think artistic talent can be developed from nothing? Why/Why not?
3. Should schools put more emphasis on teaching art? Why/Why not?
4. How are social media changing the way we consume art?
5. In your opinion, what is the purpose of modern art?

EDUCATION

1. Do you enjoy developing new skills? Why/Why not?
2. Are there any subjects which are not taught at school but should be? Please explain.
3. In your opinion, does a good education guarantee a good job? Why/Why not?
4. Do you think it is important to continue learning throughout life? Why/Why not?
5. What factors can influence students' motivation to achieve more in their studies?

GADGETS

1. What gadgets do you use on a daily basis? Why?
2. Do you agree that smartphones have become a necessary evil? Why/Why not?
3. In your opinion, have we become too dependent on technology? Why/Why not?
4. What is the role of technology in solving different crises? Please explain.
5. Why do many science fiction films present a dark vision of the future?

FRIENDSHIP

1. What is the best way to make friends?
2. Is friendship important nowadays? Why/Why not?
3. What qualities do you look for in a friend? Why?
4. Why do even the closest friendships sometimes end?
5. Do you agree that friendship is a full-time occupation? Why/Why not?

Task 2**Monologue****Task instructions:**

Read the text. Then in your own words:

- 1) define briefly what the main issue/problem is;**
- 2) say what you think about the issue raised in the text;**
- 3) provide arguments and examples to support your opinion;**
- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 1: SLEEP

Adolescents need about 9 hours of sleep a night to function optimally – to be physically, mentally and cognitively healthy. Tell this to nine out of ten teenagers and they will laugh. In fact, only about 8 percent of American teenagers get the sleep they need, according to a recent study in the Journal of Adolescent Health. The rest live with chronic sleep deprivation – some mild to moderate, but more than half (59%) with severe sleep deprivation, meaning they sleep on average six hours or less most school nights.

www.childmind.org

- *Is having a daily routine important for physical and mental wellbeing?*
- *Why do teenagers sometimes sacrifice sleep for other activities?*

TEXT 2: PROCRASTINATION

According to traditional thinking, procrastinators (people who delay or put things off) have a time management problem. Increasingly, however, psychologists are realising this is wrong. Experts at Carleton University have proposed that procrastination is an issue with managing our emotions, not our time. The task we are putting off is making us feel bad – perhaps it is boring, too difficult or we are worried about failing – and to make ourselves feel better in the moment, we start doing something else, like watching videos.

www.bbc.com

- *What advice would you give to someone who tends to procrastinate?*
- *What do you do to make sure you use your time effectively?*

TEXT 3: CONSUMERISM

Excessive consumerism has been a part of YouTube culture for close to a decade. Some videos feature YouTubers showing off their purchases, while “unboxing” videos feature people constantly buying and opening new things on camera. On top of all of this, vloggers create direct adverts for brands and sell their own personal merchandise. It seems logical that this incredible display of materialism is affecting at least some of the young audience that make up YouTubers’ most loyal fans.

www.newstatesman.com

- *How does advertising affect our lives?*
- *Who suffers and who benefits from consumerism?*

TEXT 4: JOBS

A global study has found that teenagers are ignoring digital jobs and aspiring to work in the most popular, traditional occupations, like teachers, doctors or vets, despite major changes to the world of work. Young people's career expectations have become more concentrated in fewer occupations over the past two decades despite the rise of social media and technologies like Artificial Intelligence. Traditional occupations from the 19th and 20th centuries, such as lawyers and police officers, continue to capture the imaginations of young people around the world as they did nearly 20 years ago.

www.independent.co.uk

- *What occupations will always be there? Why?*
- *Is it better to be self-employed or work as an employee?*

TEXT 5: EMOTIONAL INTELLIGENCE

Emotional intelligence refers to a person's ability to recognize, understand, manage, and reason with emotions. It is a critical ability when it comes to interpersonal communication – and a hot topic not only in psychology but also in the business world. Emotional intelligence is widely recognized as a valuable asset that helps improve communication, management, problem solving, and relationships within the workplace. It is also an ability that researchers believe can be improved with training and practice.

www.verywellmind.com

- *What factors can contribute to happiness in the workplace?*
- *Why is it important to help and support others at work?*

TEXT 6: PHYSICAL EXERCISE

More than 80% of global teens do not get at least one hour of daily exercise, according to a UN health agency study. The findings have implications for physical and mental health as well as youth education. "We have had this electronic revolution that seems to have changed adolescents' movement patterns and encourages them to sit more, to be less active, to drive more, walk less and be less active in general," World Health Organization lifestyle disease expert Leanne Riley told a news briefing.

www.dw.com

- *What advice would you give to someone who would like to make their lifestyle more active?*
- *Do you think there should be a law that requires everyone to exercise?*

Task 1 Interview

SUCCESS

You have to answer five questions about the topic. Say as much as you can.
You have 3-5 minutes for the five questions.

VISC

Vaiņņu ielā 2, Rīgā, LV-1050

Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 1. diena

2021

Task 1 Interview

THE ENVIRONMENT

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Task 1 Interview

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VISC

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Eksāmens angļu valodā 12. klasei

Skolēna materiāls

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2021

Task 1 Interview

EDUCATION

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VISC

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Task 1 Interview

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VISC

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Mutvārdu daļa 1. diena

2021

Task 1 Interview

FRIENDSHIP

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VISC

Vaiņņu ielā 2, Rīgā, LV-1050

Task 2
Monologue

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www.childmind.org

VIS C

Vaiņņu ielā 2, Rīgā, LV-1050



Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 1. diena

2021

Task 2
Monologue

Task instructions:

Read the text. Then in your own words:

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- 3) provide arguments and examples to support your opinion;**
- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 2: PROCRASTINATION

According to traditional thinking, procrastinators (people who delay or put things off) have a time management problem. Increasingly, however, psychologists are realising this is wrong. Experts at Carleton University have proposed that procrastination is an issue with managing our emotions, not our time. The task we are putting off is making us feel bad – perhaps it is boring, too difficult or we are worried about failing – and to make ourselves feel better in the moment, we start doing something else, like watching videos.

www.bbc.com

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You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 3: CONSUMERISM

Excessive consumerism has been a part of YouTube culture for close to a decade. Some videos feature YouTubers showing off their purchases, while “unboxing” videos feature people constantly buying and opening new things on camera. On top of all of this, vloggers create direct adverts for brands and sell their own personal merchandise. It seems logical that this incredible display of materialism is affecting at least some of the young audience that make up YouTubers’ most loyal fans.

www.newstatesman.com

VISC

Vaiļņu ielā 2, Rīgā, LV-1050



Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 1. diena

2021

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You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 4: JOBS

A global study has found that teenagers are ignoring digital jobs and aspiring to work in the most popular, traditional occupations, like teachers, doctors or vets, despite major changes to the world of work. Young people’s career expectations have become more concentrated in fewer occupations over the past two decades despite the rise of social media and technologies like Artificial Intelligence. Traditional occupations from the 19th and 20th centuries, such as lawyers and police officers, continue to capture the imaginations of young people around the world as they did nearly 20 years ago.

www.independent.co.uk

VISC

Vaiļņu ielā 2, Rīgā, LV-1050

Task 2
Monologue

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- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 5: EMOTIONAL INTELLIGENCE

Emotional intelligence refers to a person's ability to recognize, understand, manage, and reason with emotions. It is a critical ability when it comes to interpersonal communication – and a hot topic not only in psychology but also in the business world. Emotional intelligence is widely recognized as a valuable asset that helps improve communication, management, problem solving, and relationships within the workplace. It is also an ability that researchers believe can be improved with training and practice.

www.verywellmind.com

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Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 1. diena

2021

Task 2
Monologue

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- 2) say what you think about the issue raised in the text;**
- 3) provide arguments and examples to support your opinion;**
- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 6: PHYSICAL EXERCISE

More than 80% of global teens do not get at least one hour of daily exercise, according to a UN health agency study. The findings have implications for physical and mental health as well as youth education. "We have had this electronic revolution that seems to have changed adolescents' movement patterns and encourages them to sit more, to be less active, to drive more, walk less and be less active in general," World Health Organization lifestyle disease expert Leanne Riley told a news briefing.

www.dw.com

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Vaiņņu ielā 2, Rīgā, LV-1050

EKSĀMENS ANĢĻU VALODĀ
12. KLASEI
2021
SKOLOTĀJA MATERIĀLS
Mutvārdu daļa, 2. diena

EKSĀMENS ANĢĻU VALODĀ
12. KLASEI

Mutvārdu daļa, 2. diena
Skolotāja materiāls

Pie izglītojamajiem un personām, kuras piedalās eksāmena nodrošināšanā, no brīža, kad viņiem ir pieejams eksāmena materiāls, līdz eksāmena norises beigām nedrīkst atrasties ierīces (planšetdators, piezīmjdators, viedtālrunis, viedpulkstenis u. c. saziņas un informācijas apmaiņas līdzekļi), kuras nav paredzētas Valsts pārbaudes darbu norises darbību laikos.

2021

Task 1**Interview****Task instructions:**

You have to answer 5 questions about the topic. You have 3 – 5 minutes for the 5 questions. Say as much as you can.

MUSIC

1. Do you like listening to music on a regular basis? Why/Why not?
2. Is music changing as time goes on? Why/Why not?
3. What makes you like a song: the melody, the lyrics, or something else?
4. How have social media changed the way people create and share music?
5. Why is music sometimes called a universal language?

THE INTERNET

1. Do you use the Internet mostly for entertainment or education? Please explain.
2. How has the Internet improved your life?
3. How has the Internet changed education?
4. Do you worry about Internet security? Why/Why not?
5. Which aspects of our life cannot be moved online? Please explain.

THE FUTURE

1. Where do you see yourself ten years from now?
2. In your opinion, what skills will be important in the future? Why?
3. Will technology change cities in the future? How/Why not?
4. What changes do you expect to take place in society in the future?
5. What new technology would you like to see in the future? Why?

TECHNOLOGY

1. What is your favourite piece of technology? Why?
2. When you get a new gadget, do you read the instruction manual? Why/Why not?
3. Does technology make people lazy? Why/Why not?
4. How have technological advances affected education?
5. Why do some people prefer to live with less technology?

TRANSPORTATION

1. What type of transportation do you prefer? Why?
2. What is the most environmentally friendly form of transportation? Why?
3. Should cars be banned from city centres in favour of public transport? Why/Why not?
4. Do you think people should be encouraged to use more public transport? Why/Why not?
5. How will smart technology change the way we move around?

HELPING OTHERS

1. Do you help your classmates with their studies? How/Why not?
2. What do you think about giving money to charity?
3. Is it important to do voluntary work? Why/Why not?
4. What is the role of social media in promoting good causes?
5. When people are wealthy or successful, do they have a special responsibility to help others?

Task 2**Monologue****Task instructions:****Read the text. Then in your own words:**

- 1) define briefly what the main issue/problem is;**
- 2) say what you think about the issue raised in the text;**
- 3) provide arguments and examples to support your opinion;**
- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.**Speaking time: 5 minutes.****TEXT 1: LAZINESS**

It is a cruel fact in present-day society that some of the best activities imaginable – napping on the sofa, watching your favourite movie, reading a book with a cat on your knee that occasionally paws the pages – are considered lazy or unworthwhile. Actually, according to experts, laziness might in fact be good for your health. Spending a little time away from your desk, or muting your emails for a few hours, or finally allowing yourself to relax might actually benefit your brain and body.

www.bustle.com

- *What can be done to achieve a good work-life balance?*
- *In what ways can enjoying life away from work affect your performance at work?*

TEXT 2: CAREER CHOICE

“Follow your passion” is one of the most frequently repeated bits of work advice. It is also one of the most frequently criticized, and for good reason. Experts suggest that, for most of us, hard work makes us passionate for a field rather than the other way around. We develop passion for what we do over time, rather than starting out with a clear, defined passion for a particular career path. Chasing passion, in other words, tends to make us less satisfied at work because work is often difficult, draining, and even boring. All you need to do is substitute “purpose” for “passion” when considering your path.

www.businessinsider.com

- *What helps people choose one profession over another? Please explain.*
- *Can financial benefits compensate for a boring job? Why/Why not?*

TEXT 3: COOPERATION VS COMPETITION

Traditionally, parents and teachers alike have believed that exposing children to harsh competition early on will prepare them for competition in adulthood. However, many researchers have found that encouraging cooperation in the classroom actually leads to greater, more lasting achievement among students. Studies have shown that working in small groups toward a common goal instructs children more appropriately for their roles in the business world, which is becoming increasingly team-oriented.

www.skillsyouneed.com

- *Do you agree that competition brings out the best in products and the worst in people? Why/Why not?*
- *Why can cooperation be sometimes difficult in the workplace?*

TEXT 4: HOBBIES

New research claims that hobbies can help you feel happier and younger. Professor Robert Root-Bernstein found that hobbies that involved visual thinking, learning from doing rather than just thinking, and art and music made people more successful. Another study found that having a hobby may also result in your brain being more functional when you are older and living longer too. People also feel better physically and are less likely to be depressed.

www.psychologytoday.com

- *Has technology had any influence on people's hobbies?*
- *In what ways can hobbies help your career?*

TEXT 5: NETIQUETTE

The word netiquette is a combination of 'net' (from internet) and 'etiquette'. A survey carried out for MSN has found some shocking lapses of etiquette in the messages passed around by people under 25. Many youngsters have no idea of what counts as proper manners when writing a digital message. Few people change their writing style when typing formal and informal messages. About 16% sign every e-mail with love and kisses, even when addressing their boss.

www.news.bbc.co.uk

- *Should netiquette be taught at school?*
- *Can having good manners help you become successful? How?*

TEXT 6: READING

Just like muscles, the brain benefits from a good workout. As you are reading this text, several parts of the brain responsible for vision, language, and associative learning connect in a specific brain circuit for reading, which is very challenging. In general, your intelligence is activated, as is greater concentration. We are forced to construct, to follow a sequence of events, to imagine.

www.oprah.com

- *Do you think young people read less nowadays?*
- *How has the Internet changed the way we process information?*

Task 1 Interview

MUSIC

You have to answer five questions about the topic. Say as much as you can.
You have 3-5 minutes for the five questions.

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Vaiņņu ielā 2, Rīgā, LV-1050

Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 2. diena

2021

Task 1 Interview

THE INTERNET

You have to answer five questions about the topic. Say as much as you can.
You have 3-5 minutes for the five questions.

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Skolēna materiāls

Mutvārdu daļa 2. diena

2021

Task 1 Interview

THE FUTURE

You have to answer five questions about the topic. Say as much as you can.
You have 3-5 minutes for the five questions.

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Vaiņņu ielā 2, Rīgā, LV-1050

Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 2. diena

2021

Task 1 Interview

TECHNOLOGY

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2021

Task 1 Interview

TRANSPORTATION

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Vaiņņu ielā 2, Rīgā, LV-1050

Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 2. diena

2021

Task 1 Interview

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Vaiņņu ielā 2, Rīgā, LV-1050

Task 2
Monologue

Task instructions:

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www.bustle.com

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www.businessinsider.com

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www.skillsyouneed.com

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www.psychologytoday.com

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www.news.bbc.co.uk

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www.oprah.com

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**EKSĀMENS ANĢĻU VALODĀ
12. KLASEI
2021
SKOLOTĀJA MATERIĀLS
*Mutvārdu daļa, 3. diena***

**EKSĀMENS ANĢĻU VALODĀ
12. KLASEI**

Mutvārdu daļa, 3. diena
Skolotāja materiāls

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2021

Task 1**Interview****Task instructions:**

You have to answer 5 questions about the topic. You have 3 – 5 minutes for the 5 questions. Say as much as you can.

HABITS

1. What are your study habits? Please describe them.
2. Is there a habit you find annoying in other people? Please explain.
3. Is there a habit you wish you had? Please explain.
4. Where do we get our habits from?
5. Do you agree that our habits determine our success? Why/Why not?

LANGUAGES

1. Are you planning to learn a new foreign language? Why/Why not?
2. In your opinion, what is the best way to learn a language?
3. What qualities do you need to be an effective language user? Please explain.
4. Should dying languages be preserved? Why/Why not?
5. Do you agree that when we learn another language, we learn another way of looking at the world? Why/Why not?

CHALLENGES

1. What new experiences would you like to try?
2. How do challenges help people become successful?
3. Why do some people like doing extreme sports?
4. Is it important to take risks in life? Why/Why not?
5. What challenges might the next generation face?

PERSONALITY

1. Which characteristics of your personality are you proud of?
2. What personality trait would you like to develop? Why?
3. What kind of personality traits are important for a leader? Why?
4. Does a team work better if everyone has similar personalities? Why/Why not?
5. Are we born with our personalities, or do we develop them because of what happens to us? Please explain.

WORK

1. What career goals do you have?
2. What two factors are the most important for you in your choice of career?
3. Why do people sometimes make a career change? Please explain.
4. Do you think a job defines a person? Why/Why not?
5. Is it important to get a university degree in today's society? Why/Why not?

SPORT

1. Which sports would you like to try? Why?
2. Why has fitness become so popular recently?
3. What life skills can be developed through sports?
4. What is the value of international sporting events?
5. Do you agree that sports can help reveal character? Why/Why not?

Task 2**Monologue****Task instructions:**

Read the text. Then in your own words:

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- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 1: CULTURE SHOCK

When you move to another country, you may often feel disoriented, vulnerable and anxious in unfamiliar surroundings. It is important to think positively as these challenges are also opportunities for you to develop a set of life skills which can help you to overcome future problems. It can be beneficial to join different social, sporting and cultural activities, which provide opportunities to socialise, enjoy and develop language skills.

www.visionpsychology.com

- *Is globalization creating a single world culture? Why/Why not?*
- *How should you prepare for a foreign trip in order to make the most of it?*

TEXT 2: MULTITASKING

Good focus is supposed to be like a laser beam, steadily trained on a single target. For many of us, it is more like a broken disco ball spinning out-of-control. Researchers found that the brain cannot actually process multiple tasks in parallel but switches rapidly between tasks. Psychologists estimate that, beyond the simplest of activities, task-switching can decrease our efficiency by up to 40%. When we attempt to do many things at the same time instead of a series of things one-at-a-time, we get less done.

www.cbc.ca

- *Is there an activity on which you can spend hours? Please explain.*
- *Does multitasking still remain a necessary skill? Please explain.*

TEXT 3: PERFECTIONISM

Many of us believe perfectionism is a positive quality. Thomas Curran, PhD and Andrew Hill, PhD define perfectionism as “an irrational desire for achievement along with being overly critical of oneself and others.” They explain that today’s generation has “the strong need” to achieve “increasingly unrealistic educational and professional expectations”. Resisting perfectionism does not mean giving up your quest to do well, or that you have to give up ambition, but overdoing it can have negative consequences.

www.psychologytoday.com

- *Which is more important for success – competition or cooperation? Why?*
- *What is the role of social media in creating unrealistic expectations?*

TEXT 4: ARMCHAIR TRAVEL

In today's world the term 'armchair travel' has gained broad popularity. With people travelling less for a variety of reasons, many are seeking ways to have worldly experiences through other means. Armchair travel is all about discovering the world without actually going anywhere. Whether that is through virtual experiences, planning a future trip or bringing the world into your home, there are many ways to do it, such as reading, watching films or travel podcasts.

www.careergappers.com

- *What thing do you usually notice when you visit somewhere for the first time?*
- *Why do people like to travel?*

TEXT 5: FITNESS AND LEARNING

According to Dr. John J. Ratey, an associate clinical professor of psychiatry at Harvard Medical School, exercise improves learning on three levels: "First, it optimizes your mind-set to improve alertness, attention, and motivation; second, it prepares nerve cells for logging in new information; and third, it activates the development of new nerve cells." In short, not only does exercise help the brain get ready to learn but it actually makes retaining information easier.

www.wgu.edu

- *What skills and personal qualities can team sports teach us?*
- *How important is it for physical education to be taught in schools?*

TEXT 6: MONEY MANAGEMENT

At high school, every teenager can have a part time job, earn their own money, and open a bank account. It is interesting how teens' spending habits change when it is their own, rather than their parents' money. They also take better care of clothes and other items that they buy on their own. Having a good part time job is also good for learning time management skills, developing confidence, learning about the world of work, and building a resume.

www.psychologytoday.com

- *Why do students often choose to have a part time job?*
- *What advice would you give to someone who would like to improve their money management skills?*

Task 1 Interview

HABITS

You have to answer five questions about the topic. Say as much as you can.

You have 3-5 minutes for the five questions.

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Vaiņņu ielā 2, Rīgā, LV-1050



Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 3. diena

2021

Task 1 Interview

LANGUAGES

You have to answer five questions about the topic. Say as much as you can.

You have 3-5 minutes for the five questions.

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Vaiņņu ielā 2, Rīgā, LV-1050



Eksāmens angļu valodā 12. klasei

Skolēna materiāls

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2021

Task 1 Interview

CHALLENGES

You have to answer five questions about the topic. Say as much as you can.

You have 3-5 minutes for the five questions.

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Vaiņņu ielā 2, Rīgā, LV-1050



Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 3. diena

2021

Task 1 Interview

PERSONALITY

You have to answer five questions about the topic. Say as much as you can.

You have 3-5 minutes for the five questions.

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Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 3. diena

2021

Task 1 Interview

WORK

You have to answer five questions about the topic. Say as much as you can.

You have 3-5 minutes for the five questions.

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Vaiņņu ielā 2, Rīgā, LV-1050



Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 3. diena

2021

Task 1 Interview

SPORT

You have to answer five questions about the topic. Say as much as you can.

You have 3-5 minutes for the five questions.

VISC

Vaiņņu ielā 2, Rīgā, LV-1050

Task 2
Monologue

Task instructions:

Read the text. Then in your own words:

- 1) define briefly what the main issue/problem is;**
- 2) say what you think about the issue raised in the text;**
- 3) provide arguments and examples to support your opinion;**
- 4) come to a conclusion;**
- 5) answer one additional question which the examiner will ask you at the end of your monologue.**

You have 2 minutes to prepare.

Speaking time: 5 minutes.

TEXT 1: CULTURE SHOCK

When you move to another country, you may often feel disoriented, vulnerable and anxious in unfamiliar surroundings. It is important to think positively as these challenges are also opportunities for you to develop a set of life skills which can help you to overcome future problems. It can be beneficial to join different social, sporting and cultural activities, which provide opportunities to socialise, enjoy and develop language skills.

www.visionpsychology.com

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Eksāmens angļu valodā 12. klasei

Skolēna materiāls

Mutvārdu daļa 3. diena

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TEXT 2: MULTITASKING

Good focus is supposed to be like a laser beam, steadily trained on a single target. For many of us, it is more like a broken disco ball spinning out-of-control. Researchers found that the brain cannot actually process multiple tasks in parallel but switches rapidly between tasks. Psychologists estimate that, beyond the simplest of activities, task-switching can decrease our efficiency by up to 40%. When we attempt to do many things at the same time instead of a series of things one-at-a-time, we get less done.

www.cbc.ca

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TEXT 3: PERFECTIONISM

Many of us believe perfectionism is a positive quality. Thomas Curran, PhD and Andrew Hill, PhD define perfectionism as “an irrational desire for achievement along with being overly critical of oneself and others.” They explain that today’s generation has “the strong need” to achieve “increasingly unrealistic educational and professional expectations”. Resisting perfectionism does not mean giving up your quest to do well, or that you have to give up ambition, but overdoing it can have negative consequences.

www.psychologytoday.com

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TEXT 4: ARMCHAIR TRAVEL

In today’s world the term ‘armchair travel’ has gained broad popularity. With people travelling less for a variety of reasons, many are seeking ways to have worldly experiences through other means. Armchair travel is all about discovering the world without actually going anywhere. Whether that is through virtual experiences, planning a future trip or bringing the world into your home, there are many ways to do it, such as reading, watching films or travel podcasts.

www.careergappers.com

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TEXT 5: FITNESS AND LEARNING

According to Dr. John J. Ratey, an associate clinical professor of psychiatry at Harvard Medical School, exercise improves learning on three levels: "First, it optimizes your mind-set to improve alertness, attention, and motivation; second, it prepares nerve cells for logging in new information; and third, it activates the development of new nerve cells." In short, not only does exercise help the brain get ready to learn but it actually makes retaining information easier.

www.wgu.edu

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TEXT 6: MONEY MANAGEMENT

At high school, every teenager can have a part time job, earn their own money, and open a bank account. It is interesting how teens' spending habits change when it is their own, rather than their parents' money. They also take better care of clothes and other items that they buy on their own. Having a good part time job is also good for learning time management skills, developing confidence, learning about the world of work, and building a resume.

www.psychologytoday.com

Total Points: 25

Task Completion (max. 10 points)	
Task 1	Task 2
5 Responds to all questions freely, giving extended and appropriate answers.	Covers all task points in a fully satisfactory manner. The opinion expressed is well developed and thoroughly supported.
4 Responds to all questions, giving extended and appropriate answers.	Covers all task points quite satisfactorily. Gives a relevant and appropriately supported opinion on the issue raised.
3 Responds to all questions, but not all answers are extended and/or appropriate.	Covers all task points in a simple way. The opinion expressed may be insufficiently developed and/or supported.
2 Responds to most questions, giving short and simple answers / uses memorised phrases.	Covers most task points. The conveyed meaning is not always relevant to the issue raised.
1 Provides mostly irrelevant answers, using single words and simple phrases.	Covers some task points. Gives mostly isolated, unrelated statements.
0 Not enough to evaluate.	Reading the original text aloud is not evaluated.

Vocabulary, grammar, fluency and pronunciation to be evaluated for the whole performance (max. 15 points)			
	Vocabulary	Grammar	Fluency and Pronunciation
5	Uses a wide range of vocabulary accurately and appropriately in the given context.	Grammatical accuracy is consistently high. Uses a range of complex grammatical structures. Minor errors occur rarely and are often self-corrected.	Expresses themselves fluently and with ease. Pauses are logically placed. Pronunciation is consistently accurate.
4	Uses a sufficient range of vocabulary to express themselves in the given context without frequent searching for words.	Grammatical accuracy is high. Errors in complex structures may occur which do not impede understanding. Sometimes self-corrects.	Expresses themselves quite fluently. Pauses may occur when searching for ideas. Pronunciation is accurate, minor errors possible.
3	Vocabulary range is sufficient to express themselves in a simple manner. Lexical limitations may lead to repetitions and some hesitation.	Uses a range of basic grammatical structures with reasonable accuracy. Errors in basic and complex structures can occur: some of which may interfere with understanding.	Expresses themselves with some hesitation, pausing for grammatical and lexical planning. Pronunciation errors are rare and do not impede understanding.
2	Uses a limited range of vocabulary to express themselves in the given context. Inappropriate word choice and use may occur.	Uses some simple structures correctly, but still systematically makes basic errors.	Expresses themselves with evident pauses. Speech is often disconnected. Pronunciation errors may impede understanding.
1	Vocabulary is insufficient to deal with the tasks. Has difficulty in making word choices.	Shows only limited control of a few simple grammatical structures and sentence patterns. Makes errors in basic grammatical structures which impede understanding.	Expresses themselves with much pausing. Produces very short, isolated utterances, impeding understanding. Pronunciation errors partly impede understanding.
0	Not enough to evaluate.		

